

# RAFT IDEAS

**Topics:** Gross Motor Skills, Physical Education, Hand-eye Coordination, Data Collection

## Materials List (per ball)

- ✓ 22 Gray foam dowel-shaped pieces
- ✓ 2 standard rubber bands

This activity can be used to support the teaching of:

- Physical and Motor Development
- Language and Literacy Development

# Bumpy Balls

It's O.K. to Play with These Balls in the House



Balls are popular playthings for people of all ages. They help develop hand-eye coordination and gross motor skills, and they appeal to tactile learners. In this activity for students of all ages, foam balls are made that can be safely used in the classroom for a variety of learning activities. Bumpy Balls are easy to create, fun to make, and even more fun to play with!

## Assembly

1. Align all of the gray foam pieces together like pencils in a box and gather them together into one hand.
2. Rubber band the foam pieces together tightly in the middle.
3. Allow the pieces to “fluff out”, creating a soft, foam ball.

## To Do and Notice - Applications and Uses

- Bumpy Balls would make great balls for juggling.
- Using string, make circle targets on the floor with point values, then have students throw the Bumpy Balls to try and land inside the targets.
- Use a large cup and attach a Bumpy Ball to a string to make a “ball and cup” for young learners.
- Use small bottles, set up a “knock over the milk cans” game.
- Set up targets and make Bumpy Ball golf.

**Web Resources** (Visit [www.raft.net/raft-idea?isid=17](http://www.raft.net/raft-idea?isid=17) for more resources!)